**Family Learning and School Workforce Development On-line Courses**

Free online courses that you can complete in your own home using Google Classroom.

Just ctrl + click on the course title and you will be directed to the course website.

[**Introduction to Early Years Communication and Literacy**](https://mylearningskills.co.uk/introduction-to-early-years-communication-and-literacy/) **(10 hours)**

Storytelling is a powerful way to help children develop their communication and literacy. From learning to read, to retelling stories through role play, this course is perfect for anyone who would like to work with young children. Or if you’re a parent who wants to support your child’s development.

[**Introduction to Supporting Children with Special Needs and Disabilities**](https://mylearningskills.co.uk/introduction-to-supporting-children-with-special-educational-needs-and-disabilities/)**(10 hours)**

Are you someone who’d like to work with children with special needs? Or does your child have special needs, and would you like to learn more about how to support them?

Whether you’re a parent or a professional with an interest in special needs, this course provides a great introduction. From ways to identify needs, through to how to support children and seek further advice.

[**Introduction to Working in a School**](https://mylearningskills.co.uk/introduction-to-working-in-a-school/) **(20 hours)**

Are you thinking of working with children and young people in a school setting? This 20-hour course will give you an insight into school practice, policies and procedures. It will give a taster of the different teaching methods used in different key stages, particularly around the teaching of maths and English. You will look at the role and responsibilities of key members of staff and expert tutors will guide and direct you with careers advice and guidance on a career.

[**Introduction to Early Years**](https://mylearningskills.co.uk/introduction-to-early-years/) **(10 hours)**

Learn about Early Years settings, the role of a practitioner, the importance of play, in our Introduction to Early Years. If you’re interested in working with babies and children, this course is the perfect preparation for one of our accredited courses. It’s also great for anyone considering undertaking an apprenticeship. Or for finding out more about roles in the childcare sector if you’re considering a career change.

[**Introduction to Sports Coaching**](https://mylearningskills.co.uk/introduction-to-sports-coaching/) **(10 hours)**

If you’re interested in sports coaching, this course provides the perfect introduction. From the benefits of sport and physical activity to what’s needed to become a coach, this course is open for anyone who wishes to work in sport. Whether you’re looking for a career change or have children and wish to volunteer as a coach. From identifying what makes a good sports coach through to what type of coach you’d like to be, this is a fun dynamic course.

[**An Introduction to Coaching Individuals with Special Educational Needs and Disabilities**](https://mylearningskills.co.uk/introduction-to-sports-coaching/) **(10 hours)**

Are you looking to coach individuals with special educational needs and disabilities? This course will give you awareness of current barriers to sport participation and how this impacts practice. Whether you are looking for a job change or wish to build your knowledge of inclusive sports coaching, this course will help you to begin to adapt your practice to meet the individual needs of the participant.

[**Food and Nutrition for Children and Young People**](https://mylearningskills.co.uk/food-and-nutrition-for-children-and-young-people/)

If you are interested in healthy lifestyles and food and nutrition, then this could be the course for you. You will look at the nutritional value of foods and design balanced menus while considering food preparation and presentation. You will discover the importance of food safety for children and young people in this informative class.

[**The Digital Age and Me**](https://mylearningskills.co.uk/the-digital-age-and-me/) **(10 hours)**

Whether you’re working with children or young people, or you’d like to start, it’s hard to ignore the impact that digital technology has on our lives. This course looks at the role of digital in our lives today, how this can influence and impact children, and provides guidance for best practice. From online safeguarding to social media and mental health, this is a fresh look at how the digital age impacts our behaviour.

[**Supporting your Child Online**](https://mylearningskills.co.uk/e-learning-at-home-with-children-and-young-people/) **(10 hours)**

Do you worry about your children’s on-line safety? This course gives you access to presentations and resources to help you guide and direct children to safe on-line learning. It looks at topics such as on-line crime, security, safeguarding and bullying and is designed to help parents and children to learn at home safely.

**[An Introduction to Mental Health Awareness](https://mylearningskills.co.uk/mental-health/) (10 hours)**

Are you interested in mental health? Would you like to have an awareness of common mental health illnesses and treatments? This course will discuss mental health in the UK as well as looking at positive mental health and wellbeing strategies.

[**Supporting Children and Young People’s Mental Health**](https://mylearningskills.co.uk/supporting-children-and-young-peoples-mental-health/) **(10 hours)**

Looking after children’s mental health is as important as looking after their physical health. Whether you are worried about your child’s mental health or interested in understanding more about children’s mental health this course may be your starting point? This course is aimed at parents, carers and those working with young children. Go on educate yourself and spot the signs.

[**Story Sacks (6 hours), Certificate (12 hours)**](https://mylearningskills.co.uk/story-sacks/)

Do you want to make a special resource for your child which they will enjoy and cherish? Look no further. A story sack is a wonderful way to encourage literacy and numeracy skills and to give them a lasting keepsake. In this course you will make a story sack and fill it with lovely resources to use with your child. There is also the option of gaining a level 1 qualification in this area by completing written tasks alongside the story sack. Support and guidance will be given throughout so that you can create something memorable no matter what your skill level.

**[Supporting your Child with Maths](https://mylearningskills.co.uk/supporting-your-child-maths/) (12 hours)**

Are you unsure about the maths methods used in schools? Are you worried about showing your child the ‘wrong thing’? Join this online course to discover how your child is taught maths in school. We will look at the progressions in calculations from Years 1 to 6 for the 4 main calculations; addition, subtraction, multiplication and division. We will also introduce maths mastery and look at ways to stretch and challenge your child’s knowledge. Included is an optional unit on shape, should you wish to improve your knowledge in this area.

[**Supporting your Child with English**](https://mylearningskills.co.uk/supporting-your-child-english/) **(12 hours)**

This course will provide you with information and guidance on how to support your child with the many aspects of English. It offers topics on phonics, spelling, word types, punctuation and reading comprehension. There is also an optional unit on Year 6 SATS if you are interested in seeing what they involve.

[**Caring for Children**](https://mylearningskills.co.uk/caring-for-children-level-1/) **(Level 1 Award / Certificate / Diploma)**

Always wanted to work with babies and young children? This course offers a practical pathway to develop and practice the skills you need to work in the childcare sector. It’s also suitable if you’re a parent who wants to support the development of your baby or young child. With a range of engaging units, this course is open to anyone over the age of 16 and can lead on to a Level 2 Early Years Practitioner qualification.

[**Level 2 Award in Support Work in Schools**](https://mylearningskills.co.uk/diploma-in-specialist-support-for-teaching-and-learning-in-schools-level-3/) **(SWIS)**

Would you like to work in a school or nursery setting? This short online course offers the perfect introduction for anyone looking to change careers or start working. From child development to safeguarding and schools as organisations, we’ll help you prepare for work in education. This level 2 course helps develop the knowledge and understanding required to work in schools.

**All courses are advertised at** [**www.mylearningskills.co.uk**](http://www.mylearningskills.co.uk)