

Gateshead's Family Hubs provide a welcoming space for families and the wider community.

Our Family Hubs support families from conception to the age of two to give all children the best start in life. We continue to support families of children up the age of 19 and to age 25 for young people who have special educational needs and disabilities (SEND). Our hubs are also open to other members of the community who may need more help.



Centre groups

- Infant Massage
- Baby Time
- Toddler Time
- Active Totz
- Men Behaving Dadly
- First Words Together
- Early Words Together
- Holiday Activities
- Sensory Kidz
- Bright Futures
- Trike Time
- Creative Time



Activities & Services

- Bloom Baby Classes
- Fagan Irish Dancing
- Kalma Life
- Hartbeeps
- Little Movers
- 1st Sensations
- LullaBaby
- Diddi Dance
- Sweaty Mama
- Nature Makers
- Mini First Aid
- Sylvia Dobson School of Dance
- Little Ballers
- Active Through Football'
- Ju-Jitsu
- Adult Learning
- Library Activities
- Childcare
- Autism Hub & Parent Support Group
- Andy's Man Club
- Hat-trick
- Kinship Carers in Touch
- Portage Groups
- Sensory Rooms
- Toy Library



Please visit Gateshead Family Hubs website and Facebook page or contact us for more information.



- Infant Feeding Friends
- Health & Wellbeing Clinics
- Introducing Solid Food Sessions
- Henry – Healthy Start, Bright Future



- Antenatal and Postnatal Care
- Infant Feeding
- Parentcraft
- Pregnancy Smoking Cessation

There are currently six Family Hubs located at:

Birtley Harras Bank Family Hub
Harras Bank, Birtley,
Gateshead DH3 2LN

Blaydon Winlaton Family Hub
Shibdon Bank, Blaydon,
Gateshead NE21 5EZ

Deckham Family Hub
Elgin Centre, Elgin Road,
Gateshead NE9 5PA

Chowdene Family Hub
Waverley Road, Chowdene,
Gateshead NE9 7TU

Felling Family Hub
High Street, Felling,
Gateshead NE10 9LT

Teams Family Hub
Rose Street, Teams,
Gateshead NE8 2LS

More support is available in Chopwell, Leam Lane, Wrekenton and community locations right across the borough.

For more information:

Email – familyhubs@gateshead.gov.uk

Website - www.gateshead.gov.uk/familyhubs

 **Gateshead Family Hubs**

Gateshead FAMILY HUBS




Gateshead Health
NHS Foundation Trust

 **Gateshead**
Council


Growing Healthy
Gateshead
Improving Health, One Step at a Time


North East and
North Cumbria

Helping our community to thrive