

Gateshead's Family Hubs provide a welcoming space for families and the wider community.

Our Family Hubs support families from conception to the age of two to give all children the best start in life.

We continue to support families of children up to the age of 19 and to age 25 for young people who have special educational needs and disabilities (SEND). Our hubs are also open to other members of the community who may need more help.

Gateshead FAMILY HUBS

Centre groups

- **Infant Massage**
- **Baby Time**
- **Toddler Time**
- **Active Totz**
- **Men Behaving Dadly**
- **First Words Together**
- **Early Words Together**
- **Holiday Activities**
- **Sensory Kidz**
- **Bright Futures**
- **Trike Time**
- **Creative Time**



Activities & Services

- **Bloom Baby Classes**
- **Fagan Irish Dancing**
- **Kalma Life**
- **Hartbeeps**
- **Little Movers**
- **1st Sensations**
- **LullaBaby**
- **Diddi Dance**
- **Sweaty Mama**
- **Nature Makers**
- **Mini First Aid**
- **Sylvia Dobson School of Dance**
- **Little Ballers**
- **Active Through Football'**
- **Ju-Jitsu**
- **Adult Learning**
- **Library Activities**
- **Childcare**
- **Autism Hub & Parent Support Group**
- **Andy's Man Club**
- **Hat-trick**
- **Kinship Carers in Touch**
- **Portage Groups**
- **Sensory Rooms**
- **Toy Library**



Please visit Gateshead Family Hubs website and Facebook page or contact us for more information.



- **Infant Feeding Friends**
- **Health & Wellbeing Clinics**
- **Introducing Solid Food Sessions**
- **Henry – Healthy Start, Bright Future**



Gateshead Health
NHS Foundation Trust

- **Antenatal and Postnatal Care**
- **Infant Feeding**
- **Parentcraft**
- **Pregnancy Smoking Cessation**

There are currently six Family Hubs located at:

Birtley Harras Bank Family Hub
Harras Bank, Birtley,
Gateshead DH3 2LN

Chowdene Family Hub
Waverley Road, Chowdene,
Gateshead NE9 7TU

Blaydon Winlaton Family Hub
Shibdon Bank, Blaydon,
Gateshead NE21 5EZ

Felling Family Hub
High Street, Felling,
Gateshead NE10 9LT

Deckham Family Hub
Elgin Centre, Elgin Road,
Gateshead NE9 5PA

Teams Family Hub
Rose Street, Teams,
Gateshead NE8 2LS

More support is available in Chopwell, Leam Lane, Wrekenton and community locations right across the borough.

For more information:

Tel (0191) 433 6310

Email familyhubs@gateshead.gov.uk

Website www.gateshead.gov.uk/familyhubs

f Gateshead Family Hubs

Gateshead FAMILY HUBS



NHS
Gateshead Health
NHS Foundation Trust

Gateshead
Council

Growing
Healthy
Gateshead

NHS
North East and
North Cumbria

Helping our community to thrive