

Gateshead Children and Young People's Primary Care Mental Health Service

Transitions Drop Ins

Is your child or someone you work with (aged 5 – 18 years) struggling with transitions? Why not drop in and meet children's therapists to discuss what you can do to support? Learn more about strategies to support with phobias.

Free resources to take home.

Venue: Dunston, Unit 2, Clockmill Rd, Dunston, Gateshead NE8 2QX Date: Tuesday 1st July Time: Professionals - 15:00 - 16:00 Parents/Carers - 16:00 - 17:00

Venue: Christ Church Felling, Gateshead NE10 0HQ Date: Wednesday 2nd July Time: Professionals - 10:00 - 11:00 Parents/Carers - 11:00 - 12:00

Venue: Wrekenton Family Hub, Gateshead, NE9 7JR Date: Friday 4th July Time: Professionals - 09:30 - 10:30 Parents/Carers - 10:30 - 11:30

Venue: Metrocentre Arcade, Metrocentre, Gateshead NE11 9XY Date: Friday 4th July Time: Professionals - 12:00 - 13:00 Parents/Carers – 13:00 - 14:00

Venue: Whickham Library, 9 Front St, Whickham, NE16 4DN Date: Tuesday 8th July Time: Professionals - 15:00 - 16:00 Parents/Carers - 16:00 - 17:00

Venue: Baltic Centre for Contemporary Art, Gateshead NE8 3BA Date: Wednesday 9th May Time: Time: Professionals - 10:00 - 11:00 Parents/Carers - 11:00 – 12:00



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