



ACTIVITY GUIDE

A guide on activities and places to visit across the North East for neurodivergent families during the summer holidays







Our Big Summer Guide

to autism-friendly events and activities in the North East

School's out, and we've rounded up a guide to some great autism-friendly events for families during the summer holidays.

We've included activities in Newcastle, Gateshead, Northumberland, North and South Tyneside, Sunderland, Durham and Teesside.

Although every effort has been made to ensure these sessions are SEND specific, we advise to check with organisers when booking to ensure sessions meet your needs.

Often, places have to be booked, so sign up quickly before they go.

Please note events listed in this guide are delivered by external organisations and must be booked directly with them. Any comments, queries or complaints must also be given to the organisers of the event.



Have fun!

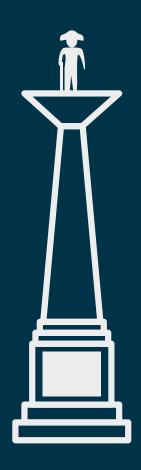


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Newcastle

What, Where, When and How to Book



Life Science Centre

Life has been accredited our Gold+ Standard Autism Acceptance Award.
Our partnership began in 2018, with families from NEAS's community
forming an advisory group to ensure that the Life Science Centre
experience, from its exhibitions to its cafes, is accessible and welcoming
to autistic people.

What: Life Centre – relaxed Sunday session

Where: Life Science Centre, Times Square, Newcastle NE1 4EP

When: 10th August, 10am-12pm

Book: See this link







Unite Club

Family Fun Day at Life Science Centre







What: Activities at the Alan Shearer Centre see the centre's

<u>Facebook page</u> for more details.

Where: The Alan Shearer Centre, West Denton Close,

Newcastle, NE15 7LU

When: Pirate Scavenger Hunt - 12th July, 1pm-3pm

Games in the Garden - 19th July, 11am-3pm

Friendship Bracelet Making - 30th July, 11am-1pm

Book: Ring 0191 2678118 or email

reception@alanshearercentre.org.uk













N.A.P.I

North East Action for Children Parents and Inclusion

What: Activities including sports, arts and crafts, forest school,

swimming, coach trips and NUFC stadium tours

Where: Various locations throughout the North East

When: Every day throughout the holidays

Book: Email <u>admin@napi.org.uk</u> or call 0191 2656158

See posters below for full details...





EXCLUSIVE SEND ACTIVITIES



TUESDAY 29[™] JULY

CIRCUS SKILLS SENSORY STORIES & MORE ACTIVITIES

10AM-2PM

THURSDAY 31ST JULY

SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR **ACCESSIBLE BIKES & TRIKES**

10AM-2PM

TUESDAY 5TH AUGUST

SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR **ACCESSIBLE BIKES & TRIKES**

10AM-2PM

THURSDAY 7TH AUGUST

SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR **ACCESSIBLE BIKES & TRIKES**

10AM-2PM

TUESDAY 12[™] AUGUST

SOUTHSHIELDS

10AM-4PM

THURSDAY 14[™] AUGUST

SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR **ACCESSIBLE BIKES & TRIKES**

10AM-2PM

www.napi.org.uk

TUESDAY 19TH AUGUST

SPORTS ARTS&CRAFTS COOKING FOREST SCHOOL OR **ACCESSIBLE BIKES & TRIKES**

10AM-2PM

THURSDAY 21ST AUGUST

SUMMER PARTY WITH PARTY **GEMS**

11AM-1PM



AT SIR CHARLES PARSONS SCHOOL, WESTBOURNE AVENUE, NEWCASTLE, NEG 4ED

01912656158

admin@napi.org.uk

*FREE HAF funded places available for children on free school meals or SEND / children must attend with parent or carer / dinner included for children 11-16 years old with SEND and or additional needs diagnosed and undiagnosed



EXCLUSIVE ACTIVITIES NAPI@HADRIAN



WEDNESDAY **30TH JULY**

SPORTS DAY ARTS&CRAFTS SENSORY STORY

10AM-2PM

FRIDAY **1ST AUGUST**

SPORTS DAY ARTS&CRAFTS COOKING 10AM-2PM

WEDNESDAY **6TH AUGUST**

ARTVENTURES CIRCUS SKILLS YOGA 10AM-2PM

FRIDAY 8TH AUGUST

ROCK POOL SCHOOL ARTS&CRAFTS SPORTS MASSAGE

10AM-2PM

WEDNESDAY **13TH AUGUST**

SPORTS DAY ARTS&CRAFTS SENSORY STORY 10AM-2PM

FRIDAY 15TH AUGUST

SPORTS YOGA **ARTS&CRAFTS ALPACAS** 10AM-2PM

WEDNESDAY **20TH AUGUST**

HAF CELEBRATION **EVENT** @ COCHRANE PARK 10AM-2PM

FRIDAY 22ND AUGUST

SUMMER PARTY WITH PARTY **GEMS**

11AM-1PM

AT HADRIAN SCHOOL, BERTRAM CRES, NEWCASTLE, NE15 GPY



www.napi.org.uk



01912656158



🔀 admin@napi.org.uk

*FREE HAF funded places available for children on free school meals or SEND / children must attend with parent or carer / dinner included for children 3-11 years old with SEND and or additional needs diagnosed and undiagnosed





Exclusive send activities **OSIR CHARLES PARSONS**



TUESDAY 29[™] JULY

> 10.30AM 11.30AM 1.00PM

THURSDAY 31ST JULY

> 10.30AM 11.30AM 1.00PM

TUESDAY 5[™] AUGUST

10.30AM 11.30AM 1.00PM

SCAN ME!



THURSDAY 7TH AUGUST

10.30AM 11.30AM 1.00PM

THURSDAY 14[™] AUGUST

> 10.30AM 11.30AM 1.00PM

TUESDAY 19[™] AUGUST

10.30AM 11.30AM 1.00PM



www.napi.org.uk



01912656158



admin@napi.org.uk

*FREE HAF funded places available for children on free school meals or SEND / children must attend with parent or carer / dinner included for children 3-16 years old with SEND and or additional needs diagnosed and undiagnosed





SEND EXCLUSIVE ACTIVITIES NAPI@COMMUNITYTRIPS

MONDAY 28[™] JULY

NAPI@HADRIAN SOUTHSHIELDS TRIP ON NAPI@HADRIAN **ENQUIRY**

API COACH TRIP

MONDAY. 11TH AUGUST

WEST ROAD TRAMPOLINE PARK ON NAPI@HADRIAN **ENQUIRY**

TUESDAY 12TH AUGUST

NAPI@SIR CHARLES PARSONS SOUTHSHIELDS TRIP ON NAPI@SCP ENQUIRY

MONDAY 18TH AUGUST

HALL HILL FARM TRIP ON NAPI@HADRIAN **ENQUIRY**

WEDNESDAY 20[™] AUGUST

HAF CELEBRATION **EVENT** TBC



www.napi.org.uk





*FREE HAF funded places available for children on free school meals / children must attend with parent or carer / dinner included for children 3-16 years old with additional needs and or send diagnosed and undiagnosed

Parents Support Group

Organised by The Toby Henderson Trust

What: Parent Support Groups with free crafts for children and

young people.

Where: Gosforth Civic Theatre, Regent Farm Road, Gosforth,

NE3 3HD.

When: ○ Tuesday 25th July, 1:30–3:00 PM

Book: Email <u>reception@ttht.co.uk</u> with:

 Your name, child's RIO (medical number), child's age, your postcode.







What: Kids Activity Days at East End Pool featuring Aqua

Splash, slides, and lunch. Free for children aged 5-

16 (must be accompanied by an adult).

Where: East End Pool

When:• Wednesday 23rd July – 10:00–12:00 & 12:00–14:00

 Wednesday 30th July – 10:00–12:00 & 12:00–14:00 (SEND session)

 Wednesday 6th August – 10:00–12:00 & 12:00–14:00

 Wednesday 13th August – 10:00–12:00 & 12:00–14:00 (SEND session)

 Wednesday 20th August – 10:00–12:00 & 12:00–14:00

 Wednesday 27th August – 10:00–12:00 & 12:00–14:00 (SEND only)

Book: Visit East End Pool in person to complete

registration and terms & conditions (max 4 spaces

per family).

For SEND sessions, email <u>paul.gates@gll.org</u>.



What: Free arts and movement workshops for SEND young people

and their families in Newcastle.

Where: Treehouse Early Years Centre, Brunel Terrace, NE4 7NL.

When: • Thursday 24th July

Thursday 31st July

Thursday 7th August

• Thursday 14th August

• Tuesday 19th August

• Tuesday 26th August

• Time: All sessions run from 11:00 AM to 3:00 PM.

Book: Phone: 0191 278 8458

Email: <u>treehouseenquiries@newcastle.gov.uk</u>







Sporting Chance NE

A summer holiday programme offering a variety of fun and enriching activities for children and young people.

What:

A free, inclusive holiday activity programme designed to keep children active, creative, and engaged during the summer break.

Activities include:

Crafts

Cookery

• Multi-sports and games

• Trips to local parks and farms

When:

Monday 28 July – Friday 22 August 2025 Daily from 10:00 AM to 2:00 PM

Where:

Sporting Chance North East

Cowgate Centre Houghton Avenue Newcastle upon Tyne

NE5 3UT

Book:

Booking is required. You can: Telephone: 0790 324 9493

Email: info@scne.org.uk

Website: x.com/scne_educate



What: Inclusive Art and Craft Workshops (ages 8+)

When: Wednesdays, 1pm-3pm on the following dates:

• July 23rd

• July 30th

• August 6th

• August 13th

• August 20th

• August 27th

Where: Disability North The Dene Centre Castles Farm Road

Newcastle upon Tyne NE3 1PH

Book: Email <u>events@disabilitynorth.org.uk</u>

Additional details:

• Free to attend

• 10 places available per session







active future

SEN **SUMMER CAMP**

For Children with Special Educational needs, aged 5-11 that are in receipt of benefit related Free School Meals. Children will receive a Free Hot, Healthy and Nutritious meal every day on our camp! If you have any queries prior to booking onto our camp, please contact us!

Activities include Nerf Battles, Dodgeball, Arts & Crafts, Dance, Badminton and many more!

WHERE?

Walbottle Academy **Hawthorn Terrace**, **Newcastle Upon Tyne NE15 9TP**

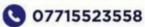
WHEN?

28th July - 21st August 10am - 2pm



BOOK YOUR PLACE NOW!

Keith.davies@activefuture.info













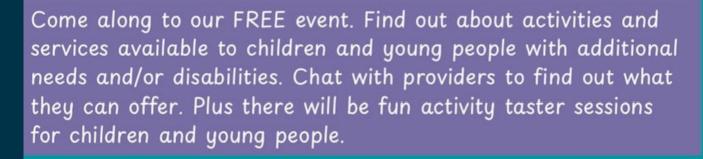


2025 Summer 2025 Summer



8th August 2025 llam to 2pm Consecting Hall Managetts Civile

Banqueting Hall, Newcastle Civic Centre, NEI 8QH





Arrive anytime. No need to book!

Scan the QR code to register your interest

localoffer@newcastle.gov.uk



FOR CHILDREN AGED 6-14 WITH SEND

ER PER CILLO

SILINGS WELGOME

EVERY WED DURING HALI TERM

ST HUGHS CHURCH, GOSFORTH, NE3 3HS

10-1PM

ACTIVITIES:



COOKING - BAKING - ARTS & CRAFTS POOL - FOOSBALL - VIDEO GAMES -BOARD GAMES

& MUCH MORE

EMAIL ADMIMOCHIECTMAIL COM

OR

MESSAGE OUR FAGETOOK





Gateshead

What, Where, When and How to Book



The SEN Support Space

To book the below sessions visit: <u>bookwhen.com/thesensupportspace</u>

Date	Day	Time	Activity
July			
Jul 23, 2025	Wed	4 pm	Castle Soft Play
Jul 26, 2025	Sat	4 pm	Swimming
Jul 31, 2025	Thu	9 am	Whitehouse Farm Trip
August			
Aug 5, 2025	Tue	10:30 am	Horse Riding
Aug 13, 2025	Wed	3:30 pm	Big Science
Aug 14, 2025	Thu	4 pm	Castle Soft Play
Aug 24, 2025	Sun	4 pm	Haltwhistle Outdoor Pool
Aug 27, 2025	Wed	4 pm	Castle Soft Play





Brighten the day HAF events

The following information outlines the provision for children with SEND at Brighten the Day holiday clubs. This is meant as guidance only and parents and carers of children with SEND should contact the club before making a booking to ensure that club is suitable and has capacity for their child/children.

What: Brighten the Day is Gateshead Council's Holiday Activities

and Food (HAF) programme.

Where: Various locations in Gateshead

When: Every day throughout the holidays

Book: Find our more at <u>www.gateshead.gov.uk</u>



Parents Support Group

Organised by The Toby Henderson Trust

What: Parent Support Groups with free crafts for children and

young people.

Where: Metrocentre Community Hub, Upper Green Mall,

Metrocentre, Gateshead, NE11 9YG.

When: ○ Tuesday 25th July, 10:00–11:30 AM

• Tuesday 29th August, 10:00–11:30 AM

Book: Email <u>reception@ttht.co.uk</u> with:

 Your name, child's RIO (medical number), child's age, your postcode.





Northumberland

What, Where, When and How to Book





Northumberland

Ability2Play Activities Schedule

Adult Multi-Sports

What: Basketball, Football, Cricket and Dodgeball activities

When: Mondays, 1pm - 2:30pm

Where: Blyth Sports Centre

Cost: £4pp (18yrs+)

Stay All Day Blyth

What: Various games and sports all day with Newcastle United

Foundation and Northumberland Cricket Board

When: Tuesdays, 10am - 3pm

Where: Blyth Sports Centre

Cost: £25pp (8yrs+)

Junior Youth Club

What: Pool, football, video games and social activities

When: Wednesdays, 5pm - 7pm **Where:** Family Hub in Ashington

Cost: £5pp (8+)

Stay All Day Cramlington

What: Tenpin bowling, Clip n Climb and various fun sports & games

When: Thursdays, 10am - 3pm **Where:** Concordia Leisure Centre

Cost: £25pp (8yrs+)

How to book:

Facebook: facebook.com/Ability2Play

Email: Bayley.Milligan@northumberland.gov.uk

Phone/Text: 07843 835398



Summer Holiday Club at Dukes Hagg

What: Outdoor forest activities and nature-based play

When: • July: Monday 21st - Thursday 24th

• July: Monday 28th - Thursday 31st

• August: Monday 4th - Thursday 7th

• August: Monday 11th - Thursday 14th

• Time: 9:30 AM - 2:30 PM

Where: Dukes Hagg, Prudhoe

Age: Children aged 5-12 years Provider: Stomping Grounds

Book: <u>www.stomping-grounds.org/what-we-offer/holiday-clubs/</u>

SEND Soft Play

What: Quieter soft play sessions with reduced capacity in 3-storey soft

play centre. Calm environment for children to run, jump and have

fun

When: Wednesdays, 5:00pm - 6:15pm

Where: Places Leisure (Part of Places for People)

Provider: Places for People Leisure UK working in partnership

Book: <u>www.placesleisure.org</u>



Disability Football Hub

What: Disability-inclusive football sessions

When:

Monday 21st July

• Monday 28th July

Monday 4th August

• Monday 18th August

Time:

• 2:30pm-3:15pm (Ages 6-11yrs)

• 3:30pm-4:30pm (Ages 12-16yrs)

• 4:30pm-5:30pm (Adults)

Cost: £3 per session

Where: Northburn Sports & Community Centre, Cramlington

Book: Email Amy.foggett01@northumberland.gov.uk

Tanga Club

What:

• South Tynedale Railway trips (£5/£4)

• Tanga in the woods sessions (£6)

• Calvert Trust Trip (£15/£6)

When:

• July 23rd: South Tynedale Railway trip

• July 29th: Calvert Trust Trip

• August 12th: South Tynedale Railway trip

• Tanga in the woods sessions: July 25th, August 1st, 8th, 15th,

22nd, 29th

Where:

Various locations

Book:

• Online: https://bookwhen.com/tangafamily

• Email: <u>projects@tangafamily.co.uk</u>







Unite Club

Hot/Cold Food Option Provided. Lunch Boxes Welcome. Parent/Carer Support Drop - In from 2 - 3pm during activity days.





Inclusive Activity Schedule:

Tuesday 22nd July - BLYTH - L OF A BAKE Cafe - 11am - 3pm The BIG Holiday Heist

> Monday 28th July - TBC - 11am - 3pm LEGO Masters Day

Tuesday 29th July - BLYTH - L OF A BAKE Cafe - 11am - 3pm Horrid History Day

Sunday 3rd August - STOCKSFIELD - Broomley Grange - 11am - 3pm Summer Survival Squad: FAMILY SESSION. Arrive from 10.30am

Tuesday 5th August - TBC - 11am - 3pm Space Camp: SPECIAL GUEST VISIT: Local Author - Naomi Barley

Monday 11th August - BLYTH - L OF A BAKE Cafe - 11am - 3pm Back To The Future Day

SPECIAL EVENT (Tickets available at Eventbrite.com)
Friday 15th August - NEWCASTLE - LIFE Science Museum
Neurofest Visit - 11am - 4pm

Tuesday 19th August - BLYTH - L OF A BAKE Cafe - 11am - 3pm Explorer Camp - Dinosaur Edition

> Sunday 24th August - TBC - 11am - 3pm Explorer Camp - Animal Edition

> Monday 25th August - TBC - 11am - 3pm Cookery Club

Tuesday 26th August - BLYTH - L OF A BAKE Cafe - 11am - 3pm Cookery Club



Unite Club

Monday's, Tuesday's & Sunday's across Northumberland.





The BIG Holiday Heist:

Dodge lasers, fight fires, save lives and solve crimes in our hands-on emergency services day. Practice your emergency service skills, work as a team and try your hand at being the next great jewel thief!

LEGO Masters Day:

Are you the next LEGO master? Complete creative and engineering build challenges solo and in teams.

Horrid History Day:

Create your own hieroglyphics, avoid the plague and build a sword and shield fit for a jousting battle in this day inspired by history.

Summer Survival Camp: WHOLE FAMILY SESSION

Test your survival skills and bravery at Broomley Grange Activity Centre.

Space Camp:

SPECIAL GUEST VIST: Local Author - Naomi Barley

Join Naomi and The Zig Zags for a day full of space themed activities.

Back To The Future Day:

Head back to the 90's and check out twister, friendship bracelets and pass the parcel, join us in 2025 for a nerf battle and messy play, then head to the future and design your own game to play in 2050!

Neurofest Visit: Tickets Available at Eventbrite.com

Head to LIFE Science Museum and visit Unite Club's NEUROFEST 2025!

Explorer Camp:

Dig for buried jewels and fossils, build erupting volcanoes and save the dinosaurs from the Ice Age. Are you brave enough to explore?

Cookery Club:

Show off your cookery skills by making pizza and decorating cookies. PLUS try your hand at a game of "Is it cake?!" Non-Food activities available.

SEND family swim sessions

Friday 1st August 4pm - 6pm Friday 8th August 4pm - 6pm Friday 29th August 4pm - 6pm







laltwhistle

These sessions are aimed at swimmers with additional needs and or disabilities and their families.

There will be a dramatically reduced capacity for this session for swimmer comfort and enjoyment



For more info and registrations please email us at reception@haltwhistleleisure.co.uk

funded by Haltwhistle community shop

North Tyneside What Where When and

What, Where, When and How to Book





NTDF Summer Holiday Youth Sessions

What: Activities including crafts, sports, games, dancing, singing, pool,

kurling, gardening, cooking, baking and more.

Young people ages 8+

When: Monday - Thursday, 10am - 3pm throughout the 6 weeks holidays

Book: Contact Susan at 0191 466 1667 or susan.proctor@ntdf.co.uk

SEN Friendly Sessions (Ages 0-8)

What: Special sessions suitable for children with special educational needs.

Various dates throughout the summer.

When: • Monday 4 August - Riverside Family Hub, 10-11.30am

• Thursday 14 August - Shiremoor Family Hub, 10-11.30am

• Tuesday 19 August - Howdon Family Hub, 10-11.30am

Book: Call your local family hub (booking required):

Shiremoor Family Hub: 0191 643 8297

• Howdon Family Hub: 0191 643 2229

• Riverside Family Hub: 0191 643 8899









The activities cater to different interests and age groups, with each week offering a good mix of active play, creative activities, and unique experiences.

Animal Week (July 21-25)

- Monday 21st: Outdoor games & Animal Face painting (1-3pm)
- Tuesday 22nd: Crafty Tuesday (1-3pm)
- Wednesday 23rd: Crazy Creatures (1-3pm)
- Thursday 24th: Alpaca Visit (1-3pm) Must be prebooked, limited spaces
- Friday 25th: Elephant Inflatable (10-4pm)

Sports Week (July 28 - August 1)

- Monday 28th: Outdoor Games (1-3pm)
- Tuesday 29th: Crafty Tuesday (1-3pm)
- Wednesday 30th: Inflatable Penalty Shoot Out (10-4pm)
- Thursday 31st: Stay & Play (10-4pm)
- Friday 1st August: Surf Simulator (10-4pm)

Princess & Pirate Week (August 4-8)

- Monday 4th: Outdoor treasure hunt & glitter tattoos (1-3pm)
- Tuesday 5th: Crafty Tuesday (1-3pm)
- Wednesday 6th: Captain Raggy Beard (1-3pm)
- Thursday 7th: Princess Tea Party (1-3pm)
- Friday 8th: Inflatable Carriage (1-3pm







- Monday 11th: Bubbles & Outdoor play (1-3pm)
- Tuesday 12th: Crafty Tuesday (1-3pm)
- Wednesday 13th: Water fight weather permitting (1-3pm)
- Thursday 14th: Under the Sea Inflatable Slides (1-3pm)
- Friday 15th: Rockpool School (1-3pm)

Dinosaur Week (August 18-22)

- Monday 18th: Stay & Play (10-4pm)
- Tuesday 19th: Walk the Dinosaur (1-3pm)
- Wednesday 20th: Fossil Hunt (1-3pm)
- Thursday 21st: Stay & Play (10-4pm)
- Friday 22nd: Dinosaur Inflatable (10-4pm)

Celebration Week (August 25-29)

- Monday 25th: CLOSED Bank Holiday
- Tuesday 26th: Stay & Play (10-4pm)
- Wednesday 27th: Face painting, glitter tattoos & friendship bracelets (1-3pm)
- Thursday 28th: Foam Party with Party Gems (1-3pm)
- Friday 29th: Inflatable Disco Dome (1-3pm)

Pathways 2 Nature - Summer Holiday Sessions

What: Outdoor fun, nature activities, alpaca care

When: Mondays & Thursdays (10:30-14:30)

Cost: £35 per session

Booking Information

Alpaca Visit (July 24th) requires pre-booking with limited spaces. Contact: janine@pathways4all.co.uk







The Wildside Family SEN Session

What: Outdoor nature-based sessions designed for families with children who need a quieter environment. These sessions are similar to regular family holiday events but with fewer attendees to support children who may struggle in busy settings. Activities include

nature play, crafts, and exploration, all facilitated in a calm, inclusive environment.

Where: The Wildside, NE27 OTA (near Shiremoor Library and Doctor's

Surgery).

When: Multiple dates and times throughout the summer holidays (check

the booking page for availability).

Book: Visit the <u>TicketTailor event page</u> and select your preferred session.

Tiered pricing is available—choose what you can afford. Please only

book if your child genuinely benefits from a quieter setting.

South Tyneside

What, Where, When and How to Book





KAYAKS

Kids And Young Adults Klub – Special needs support group

When: July:

- Sat 19th: Wild About Nature Eco-play with Williby Rocs (insect hotels, seed bombs, muddy beasties)
- Sat 26th: Schools Out Cheer Movement session with At One, creative zones

August:

- Sat 2nd: Meet the Animals Emma Exotics (snakes, lizards, wildlife crafts)
- Sat 9th: Bubblolgist Giant bubble show, tricks & crafts
- Sat 16th: Kayaks Sports Day Inclusive games, football, Hobby Horsing
- Sat 23rd: CLOSED
- Sat 30th: End of Summer Party Disco Bingo, bubbles, quizzes

12-4pm (all sessions)

Where: Harton Academy 6th Form Building, South Shields

Cost: £2 per child | Parents/carers FREE

Includes: Buffet + bouncy castle, creation station, construction area,

sensory zones

Book: FSM-eligible families in South Tyneside: FREE via The Plinth (South

Tyneside Council HAF funding)

Visit www.facebook.com/Thekayaks





Toby Henderson Trust

What:

- Sibling Workshop (free 1-day session)
- For children/young people aged 8–17 in South Tyneside who have an autistic sibling or a sibling on the diagnostic pathway
- Fun, focused activities to help siblings feel empowered, meet peers in similar situations, and learn knowledge/strategies

When: Tuesday 19th August 2025

10 am - 2 pm

Where: Autism Hub, Gordon Street, South Shields

Delivered by The Toby Henderson Trust team:

- Lynda Richardson (Head of Operations)
- Fiona Richards (Autism Hub Manager)
- Other Hub team members

Book: Email: <u>autismhub@tht.co.uk</u>

Phone: 0191 816 0550 Note: Places are limited





For children and young people aged 5–16 years (up to 18 years for SEND) who receive benefit-related free school meals.

What: Holiday Activities + Food Summer - A free programme of fun

activities and meals for young people.

When: Monday, 22nd July – Sunday, 1st September

Where: Organised by South Tyneside Council – specific locations likely

vary and can be found via the booking link or contact details.

Book: • Website: www.southtyneside.gov.uk/holidayclub

• Phone: 0191 424 0118

• Email: haf@southtyneside.gov.uk







Youth Hub

To book any of these sessions, email youth-hub@autismable.com or call: 07949 433919

SUMMERTIME **SAVOURY**

Wednesday mornings

Are you a foodie? Join us to create scrumtious savoury dishes in our brand new BOOK NOW kitchen.

SUMMERTIME BOOK NOW **SWEET**

Wednesday afternoons

Have you got a sweet tooth? Come along to bake some delicious treats.



TRAVEL TRIBE

BOOK NOW Thursdays

Come with us for some adventures on public transport to visit some amazing places like Tynemouth Aquarium and York Train Museum.

SENSORY STUDIO

Friday 25th July

In the morning explore, relax and connect with the sensory activities. BOOK NOW

In the afternoon create your own sensory support items.

ABOUT ART

Fridays

BOOK NOW

Get your creative juices flowing and take part in loads of arty activities including tie dye, diamond art, painting and sculpting

MOVIE NIGHT

Friday 1st August

Join us at the Youth Hub cinema to watch a movie in our calm and amazing snacks!









MEDIA MARVEL

Wednesday evenings

Come and try out our regular weekly group to make social media content to help empower other young neurodiverse people. BOOK NOW



Tuesday evenings

Join our weekly social club, packed with fun creative activities, quizzes, games, and friendly faces.





GEEK CAFE

Saturday mornings

Get your geek on at our JOIN US regular social club. We have games consoles, boardgames, comic books and special themed activities.

CRISP BATTLE

Every lunchtime

If you are joining us all day during the summer you can take part in CRISP BATTLE 2025

Use your 5 senses to judge different flavours and brands.

WHICH CRISP WILL WIN?!



- All activities are FREE and for young people with SEND aged 14-25
- Detail of the dates and times of the sessions can be found on the booking form.
- Lunch will be provided or you can bring a packed lunch if you join us for a full day of activities.
- Some activities need to be booked and some you can just come along to. Check the stickers!

JOIN US

BOOK NOW







Sunderland

What, Where, When and How to Book



Tailored Leisure Co.

To book any of the below sessions: go to <u>Tailored Leisure events</u>

Aquatic Inflatable Fun

• Location: Sunderland Aquatic Centre, SR5 1SU

Date: Thursday 24th JulyTime: 10:30 AM - 11:30 AM

Cinema Experience

• Location: Sunderland Empire, SR1 3PZ

• Date: Monday 28th July

• Time: 1 PM – 4 PM

Bowling

• Location: Sunderland Bowl, SR1 1TR

• Date: Wednesday 18th July

• Time: 10 AM – 12 PM

Petting Zoo Day

Location: Down at the Farm, DH5 8JG

• Date: Friday 31st August

• Time: 11 AM – 2 PM

Trampolining

• Location: Super Tramp, SR5 3X

• Date: Friday 27th July

• Time: 11 AM - 12 PM





Gardening Experience • Location: New Springs City Church, SR6 9QR • Date: Tuesday 17th July • Time: 10 AM - 11 AM Family Fun & Pizza Making • Location: New Springs City Church, SR6 9QR • Date: Tuesday 31st July • Time: 10 AM - 12 PM **Inflatable Fun** • Location: Rache Carter Academy of Dance • Date: Wednesday 15th August • Time: 11 AM – 12 PM



The Sensory Place Activities

Pond Dipping/Open Building/Crafts

- August 6th & 19th, 9:50am-4pm
- WWT Washington
- Cost: Children & Carers free, Adults £10
- Book: www.thesensoryplace.net/book-online

Inclusive Family Disco

- Friday July 18th, 6:00-7:30pm
- St Marys & St Peters Church, SR3 4DY
- Cost: Ages 3-16, includes disco lights, music, dancing, sensory props, tuck shop
- Book: <u>www.thesensoryplace.net/book-online</u> or contact Asha: <u>Danceversity.ne@gmail.com</u> (07468 595044)

SEND Gymnastics with Danceversity

- Friday August 1st, 10am-11am
- St Mary's and St Peter project
- Cost: £3 Members, £4 Non-Members
- Book: <u>www.thesensoryplace.net</u>

SEND Summer Holiday Activity Sessions

- Tuesday July 29th, August 5th, 12th & 19th, 10am-12pm
- Nissan Sport & Leisure Complex, Sunderland SR5 3NS
- Cost: £4 per person (ages 7-19 with additional needs, siblings welcome)
- Contact: info@smilethroughsport.com





Souter Lighthouse Visit

- Wednesday July 30th, 10am meeting at Souter
- Cost: £3.50 per person, carers go free
- Book: <u>www.thesensoryplace.net/book-online</u>

Gateway Wheelers Cycling

- Multiple Wednesdays & Fridays (July 23rd, Aug 1st, 6th, 13th, 20th, 27th, Sept 3rd), 11am-12pm
- Where: Rectory Park Houghton
- Cost: £3.50 Members, £4 Non-Members
- Book: <u>www.thesensoryplace.net/book-online</u>











The Special Lioness Activities

What: Various sessions including:

• Monday 4th AM: Messy Makers

• Monday 4th PM: Little Trowel Outdoor Learning

Tuesday 5th, Wednesday 6th, Friday 8th: Private hire available

• Thursday 7th AM: Busy Bodies

Thursday 7th PM: Explorers

Saturday 9th & Sunday 10th: Private hire/birthday parties available

When: August 4th-10th

Where: 4 Baird Close, Washington, NE37 3HL

Book: <u>www.TheSpecialLioness.com</u>

Summer HAF Days - Art Ventures & Science Buddies

What: LEGO Builders, Art & Science activities, Sporty Games, hot

healthy lunch

When: Monday July 28th - Monday August 18th, 9am-1pm daily

Where: Artspace, Washington

Cost: Free for children on means-tested free school meals or

with SEND; limited paid spaces available

Book: <u>www.sciencebuddies.co.uk/events</u> or message Katie

07772477201





Sunderland

Summer Holiday Disability Cricket Taster

What: Table and softball cricket for SEND children and young people

aged 7-25

When: Thursday August 14th, 11am-12pm (Table Cricket), 12pm-1pm

(Softball)

Where: Washington Leisure Centre

Table and softball cricket for SEND children and young people

aged 7-25

Book: Washington Leisure Centre, Tel: 0191 416 6642

SEND Sessions - The Wacky Warehouse

What: Indoor play sessions for children with additional needs

When: Monday night between 6PM-8PM plus the first Saturday morning

of every month between 9AM-10.30AM

Where: Wacky Warehouse, Story Book, Abingdon Way, NE35 9PB

Book: Find out more <u>www.facebook.com/wackywarehouse.boldon</u>



County Durham

What, Where, When and How to Book



Little Treasures

To book the below sessions, email <u>Littletreasuresactivities@gmail.com</u>

Science Buddies + Food

- Wednesday, August 20th, 10am-1pm
- Bullion Hall, Chester Le Street, DH2 2ES
- Science activities followed by food

Amanda's Creature Comforts + Food

- Wednesday, August 13th, 9:30am-12:30pm
- Bullion Hall, Chester Le Street, DH2 2ES
- Animal experience followed by food

Planet Leisure (Bowling & Golf)

- Friday, August 22nd, 2pm-6pm
- Planet Leisure, 7-8 Maple Way, Newton Aycliffe, DL5 6BF
- Bowling and golf activities + food (Age 12+)

Kids Archery + Food

- Tuesday, August 12th, 11:30am-3pm
- Ferry Hill, Dean Bank Institute, DL17 8PP
- Archery session followed by food (Age 12+)

Bouncy Castle & Sand Art

- Wednesday, July 30th, 10am-1pm
- Ferry Hill, Dean Bank Institute, DL17 8PP
- Bouncy castle and sand art activities + food

Big Science Show + Food

- Tuesday, August 12th, 1pm-4pm
- Horden Centennial Centre, Horden, SR8 4LX
- Science demonstration followed by food





Big Science Show + Food

- Tuesday, August 12th, 1pm-4pm
- Horden Centennial Centre, Seventh Street, Horden, SR8 4LX
- Science demonstration followed by food

Crazy Creatures + Food

- Thursday, July 31st, 1pm-4pm
- Horden Centennial Centre, Seventh Street, Horden, SR8 4LX
- Animal experience followed by food

Yoga & Crafts

- Saturday, July 19th, 11am-12:30pm
- Burnhope Community Centre, Langley Avenue, Brunhope, DH7 0AG
- £5 per family

Archery Session

- Saturday, August 2nd, 11am-12:30pm
- Burnhope Community Centre, Langley Avenue, Brunhope, DH7 0AG
- £5 per family

Lanchester Garden Centre Visit

- Thursday, August 21st (10am or 12pm sessions)
- Lanchester Garden Centre Potter's world and zoo visit £3 per person

How to Book:

Free School Meal children: Book via Fun and Food online portal when you receive tickets from school

General booking: www.littletreasures.org.uk

Mobile app: www.mobileapp.app/ with invite code: ZDUWX7

Tickets: Contact Fun and Food tickets if you think you should.

have received a ticket but haven't.

Note: Limited free school meal places available via Fun and Food, with additional limited spaces via Little Treasures website. Some sessions are SEN Exclusive.



Rockpool School Session

What: During the session your child will learn all about marine life and

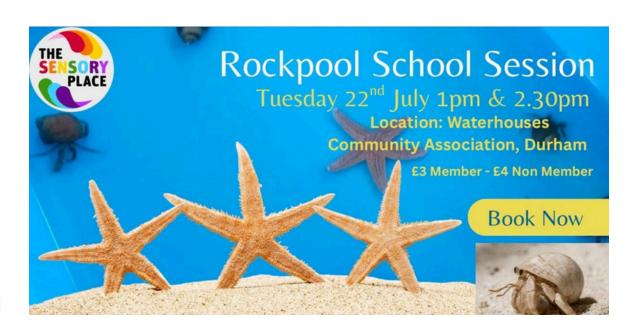
some of the creatures we find along our shores.

When: Tuesday 22 July, 1PM & 2.30PM

Where: Waterhouses, Community Association, Durham

£3 member - £4 non member

Book: Online <u>www.thesensoryplace.net/book-online</u>



Little SENDsations

For a full list of the activities and to book visit www.bookwhen.com/littlesendsations

Date	Day	Time	Activity
Jul 1, 2023	Wed	12:30pm BST	Coffee Chats
Jul 26, 2025	Sat	1 day	Surfing and Hawaiian beach day!
Aug 1, 2025	Fri	12pm BST	Hardwick picnic and sensory walk
Aug 5, 2025	Tue	3pm BST	CuriosiTeas messy play session
Aug 8, 2025	Fri	10am BST	Hall hill farm
Aug 10, 2025	Sun	4pm BST	Splash exclusive hire
Aug 11, 2025	Mon	1 day	Blackpool coach trips
Aug 18, 2025	Mon	10am BST	Music wonders cic
Aug 18, 2025	Mon	12:30pm BST	Music wonders cic
Aug 19, 2025	Tue	1 day	Light water valley
Aug 21, 2025	Thu	3pm BST	CuriosiTeas messy play
Aug 27, 2025	Wed	10am BST	Noo Noo's forest school
Aug 31, 2025	Sun	11am BST	Summer SEND off
	1		Illie

Learning A New Way SEND Holiday Clubs

What: Holiday clubs for children with SEND offering:

- Physical activities and games
- Walks to Jubilee Park and town exploration
- Crafts & Lego activities
- Messy play and sensory sessions
- Team challenges and quiet activities
- Mid-morning snack and lunch provided (before home time)

Where: TYP, Off Rosa Street, DL16 7NB

When: Two different sessions available:

Session 1: Extended Hours

• Days: Monday, Tuesday & Wednesday

• Time: 9am - 12pm

Ages: 9-12 years

Session 2: Afternoon Sessions

• Days: Tuesday & Wednesday

• Time: 12:30pm - 3:30pm

• Ages: Not specified

• Cost: £6 per person

• Includes: Mid-afternoon snacks

Book: Online: https://bit.ly/LaNWCIC

Alternative: Use the code sent directly to you from school

Note: All sessions must be booked in advance

Teesside What, Where, When and How to Book





For the full list of activities and to book visit <u>daisychainproject.co.uk</u>

What:

- Family activity days
- Stay and play sessions
- Family Whitby Trip
- HAF events
- Give it a Go sports taster sessions

When: Various dates throughout the summer.

Special Event

- Daisy Fest 2025 August 25th (Bank Holiday Monday)
 - Free entry, no booking required
 - Family fun day with farm experiences, inflatables, rides, games, and entertainment

Where:

All activities are based at Daisy Chain, Calf Fallow Farm, Calf Fallow Lane, Norton, Stockton-on-Tees, TS20 1PF unless otherwise specified.

Book: <u>www.daisychainproject.co.uk</u>







HAF Events

For families in Middlesbrough and Redcar & Cleveland. Tailored offerings for primary school, secondary school, and SEND children. Book as soon as possible due to high demand and first-come, first-served system.

What:

- Sport or physical activity, for example football, swimming, or table tennis.
- Creative activities, for example music workshops or putting on a play.
- Experiences, for example a nature walk or visiting a museum
- Sport, arts & crafts and wellbeing sessions.

Included with every session:

• Each child who attends will also receive a meal throughout the programme.

Who can attend:

- Ages: Children and young people aged 5 to 16 years
- Eligibility: Children and young people from families in receipt of free school meals related benefits

When: Various dates throughout the summer holidays.

Where: Various locations across Middlesbrough and Redcar & Cleveland.

Book: <u>www.middlesbrough.gov.uk</u>



Stockton HAF Events

Tailored offerings for primary school, secondary school, and SEND children Focus on socialising, learning, and having fun. Book as soon as possible due to high demand and first-come, first-served system.

What: Free activities for eligible children including: horse riding, gymnastics, football, sports activities, arts and crafts, Air Trail, music making, gym passes.

Included with every session:

- Free nutritious meal for every child
- 60 minutes of physical activity

When: • Dates: Tuesday, July 22 to Friday, August 29, 2025

- Exception: Closed Monday, August 25 (Bank Holiday)
- Booking: Open now until sessions are full

Who can attend:

- Ages: Reception to Year 11
- Eligibility: Families must be in receipt of benefits-related free school meals or meet wider criteria
- Check eligibility: <u>HAF webpage</u>

Where: Activities run across Stockton-on-Tees Borough at various locations (specific venues listed on booking page)

• Online: <u>HAF webpage</u>

• Phone: 01642 527752

• Email: <u>haf@stockton.gov.uk</u>





Middlesbrough Sports Village

What: Disability Soft Play Sessions

Cycling Sessions using accessible bikes on the track.

When: Every Friday

• Soft play: 5:30-7:00pm

• Cycling: 4:30-5:15pm & 5:15-6:00pm

Where: Middlesbrough Sports Village

• Pre-booking required for the bikes

• £2.00 per person for soft play

• £2.00 per person for bikes

Additional information:

• Features newly refurbished accessible bikes.

• Great way to get into cycling for people with disabilities.

Book: Please phone 01642 300777 for further info or visit

<u>www.everyoneactive.com</u>





Fuzzy Eds Fun House

SEND soft-play sessions

What:

 Soft play sessions for children and young people with SEND (Special Educational Needs and Disabilities).

• Run by Fuzzy Ed's in association with Parents 4 Change.

When:

• Every Wednesday

• 5:00pm - 7:00pm

Where:

 Fuzzy Ed's Fun House, Coulby Farm, Stokesley Road, Hemlington, Middlesbrough, TS8 9DX

Book:

• Cost: £3 per child

• Phone: 01642 594140

• Website: <u>www.fuzzyeds.co.uk</u>





Outdoor sessions for autistic children/young people (no diagnosis required)

What: Sport or physical activity, for example football, swimming, or

Activities include: tool use, campfire lighting and cooking, natural

arts and crafts, scavenger hunts

Two age groups:

• Junior Forest School (5-12 years)

• Teen Forest School Survival Skills (13-25 years)

When: Sunday 27th July

Junior Forest School: 10:30am - 12:30pm Teen Forest School: 1:00pm - 3:00pm

Where: Saltburn Valley Woodland Centre

Book: Cost: £5

Run by Woods and Waves Forest and Beach School CIC

Associated with Glowsticks Project

theglowsticksproject.org.uk



SNAPS Activities

To book contact Ruth Benson: 07745969049 or email: <u>info@snapstoesvalley.co.uk</u> <u>www.snapstoesvalley.co.uk</u>

			•			
Date		Time	Activity	Description	Cost	Venue
19th July		4pm-5pm	Exclusive SNAPS Swimming	Parent/Carer in water with child/young person	£3.00 per child/young person	SPLASH Stockton
19, 26 July		10am-11am	SNAPS Goals FUN Football	Skills - no Big Match	£3.00 per child	Northfield School Sports Dome
21, 28 July		6pm-8pm	Fuzzy Ed's Soft Play	Soft Play	£4.00 per child, £2.00 each additional child	Horse & Jockey, Stockton, TS19 8HH
22, 29 July		10am-12pm	Back2Basics Games Toys Crafts	Games, Toys, Crafts	£3.00 per child	Newtown Community Resource Centre
29th July		2:30pm-4pm	Go Climb	Climbing Wall	£6.50 per child	Billingham Forum,
July (Dates	TBC)	10:15am	ARC Cinema	Films (To Be Confirmed)	£4.50 per person (includes Goody Bag)	ARC, Stockton, Dovecot St, TS18 1LL
24, 31 July		10am-12pm	Back2Basics Challenges	Pool, 4 in a row, table football, Jenga & More!! Plus the Toys & Games	£3.00 per child	Newtown Community Resource Centre
25th July		9:30am- 10:30am	Ice Skate	Go on ice with wheelchairs, frames, sledges, penguin, snowmen stabilisers	£3.00 per child/young person	Billingham Forum
2 & 30 Augu	st	12pm- 12:30pm, 12:30pm-1pm, 1pm-1:30pm, 1:30pm-2pm	WheelyBoat	Short Boat trip on River Tees (4½ hour time slots, 6 places on boat, accessible for wheelchair users)	£2.50 per person (Adults & Children)	River Tees Watersports Centre



Date	Time	Activity	Description	Cost	Venue
16th August	4pm-5pm	Exclusive SNAPS Swimming	Parent/Carer in water with child/young person	£3.00 per child/young person	SPLASH Stockton
2,9,16,30 August	10am-11am	SNAPS Goals FUN Football	Skills - no Big Match	£3.00 per child	Northfield School Sports Dome
4th August	Board 9:30am, Sail 10am- 12pm	Teesside Princess	2 hour Cruise on River Tees	£7.50 per person (Adults & Children, includes Goody Bag)	Castlegate Quay, Stockton TS18 1BZ
4,11,18,25 August	6pm-8pm	Fuzzy Ed's Soft Play	Soft Play	£4.00 per child, £2.00 each additional child	Horse & Jockey, Stockton,
5,12 August	10am-12pm	Back2Basics Games Toys Crafts	Games, Toys, Crafts	£3.00 per child	Newtown Community Resource
12th August	2:30pm-4pm	Go Climb	Climbing Wall	£6.50 per child	Billingham Forum
26th August	1pm-4pm	SNAPS Summer Party	DJ Silly Steve - Games, Raffle, Tombola (Must be Paid in Time of BOOKING)	£2.50 per person (Adults & Children, includes Goody Bag)	Elm Tree Social Club
7,21 August	10am	Bowling	10 Pin Bowling child/adult bowling	£3.60 per child/adult	Teesside Park (Hollywood Bowl)
14,28 August	10am-12pm	Back2Basics Challenges	Pool, Jenga & More! Plus the Toys & Games	£3.00 per child	Newtown Community Resource Centre
1,15,22,29 August (NO Ice skate on 8th)	9:30am- 10:30am	Ice Skate	Go on th ice with wheelchairs, frames, sledges, penguin, snowmen	£3.00 per child/young person	Billingham Forum
2 & 30 August	12pm- 12:30pm, 12:30pm-1pm, 1pm-1:30pm, 1:30pm-2pm	WheelyBoat	Short Boat trip on River Tees (4½ hour time slots, 6 places on boat, accessible for wheelchair users).	£2.50 per person (Adults & Children)	River Tees Watersports Centre





What: H

How to Train Your Dragon

 Cineworld, Boldon Leisure Park, Boldon Colliery, NE35 9PB, Tyne and Wear.

• The Gate, Newgate Street, NE1 5TG, Newcastle upon Tyne.

 Cineworld, Dalton Park, Murton, County Durham, SR7 9HU

When: Book:

Sunday, 3rd August 2025 at 11:00 AM. Visit the <u>Cineworld</u> website or use the app to purchase tickets for the right

location location.



What: The Bad Guys 2 (1h 44m)

Where: Showcase Cinemas

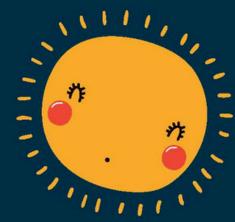
When: Sunday, 27th July at 10:30 AM

Book: Visit showcasecinemas.co.uk and

search for autism-friendly screenings of The Bad Guys 2on the specified date







Have a wonderful

north east **autism** society

www.ne-as.org.uk

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