



Newcastle and Gateshead CYPS are working in collaboration with The Toby Henderson Trust to provide support to families who are waiting for a neurodevelopmental assessment.

If your child who is waiting the assessment is aged 5- 11 years, then this support is for you!

To access any of the support please see next page for more details.

Newsletter 1: June – September 2025

Monthly cuppa and
cake drop-ins for
parents and carers in
Gateshead

Monthly cuppa and
cake drop-ins for
parents and carers in
Newcastle

Monthly webinars on a
range of topics that you can
access to help you.

A range of sound bites /
videos you can access at
any time from your own
home on a range of topics on
areas you might need more
information on

<p>GATESHEAD cuppa and cake drop-in</p> <p>Tuesday 24th June at 1pm – 2.30pm Tuesday 29th July at 10am – 11.30am Tuesday 26th August at 10am – 11.30am</p> <p>All held in the metro-centre community hub, situated in the upper green mall. **come along and meet other parents**</p>	<p>NEWCASTLE cuppa and cake drop-in</p> <p>Tuesday 1st July at 1.30pm – 3pm Tuesday 5th August 1.30pm – 3pm</p> <p>All held in the Newcastle Civic Theatre, Regent farm road NE3 3HD hub. **come along and meet other parents**</p>
<p>Live Webinars: 2 every month</p> <p style="text-align: center;">June</p> <ul style="list-style-type: none"> Managing educational transition 26th June 9.30-11.30 <p style="text-align: center;">July</p> <ul style="list-style-type: none"> Managing sleep issues 7th July 9.30-11.30 Food Worries 23rd July 9.30am – 11.30am <p style="text-align: center;">August</p> <ul style="list-style-type: none"> Intolerance of Uncertainty 4th August 9.30am – 11am Neurodivergent Parent/potentially neurodivergent child 14th August 10am – 11.30am <div data-bbox="124 1400 774 1825" style="background-color: #ADD8E6; padding: 20px; margin-top: 20px;"> <p>If you would like to have webinars and soundbites on other subjects, please let TTHT know – we are keen to flex this offer to support you as best we can.</p> </div>	<p>Sound bites: Access online at any time with your phone / laptop / PC – please email for log on details</p> <ol style="list-style-type: none"> 1. What's available for families waiting for a neurodevelopmental assessment in Newcastle. 2. What's available for families waiting for a neurodevelopmental assessment in Gateshead. 3. How to prepare for your assessment whilst you are waiting 4. Taking care of parental wellbeing whilst waiting assessment 5. What is available for sibling support? 6. Information on book club and borrow scheme through TTHT. 7. Who else can offer support whilst you are waiting. 8. Telling your child, they are going for an assessment. 9. Asking for help 10. What questions to ask when you go for your assessment

To book on to any of the webinars or gain more information or ask any questions about our offers for; soundbites, groups, webinars, please email:

reception@TTHT.co.uk