

Windy Nook Primary School Sports Action Plan 2025-2026

UNICEF RIGHTS RESPECTING:

Article 15 – freedom of association to join groups and meet with other children.

Article 29 – goals of education to develop talents and abilities to their full.

Article 31 – every child has the right to relax, play and take part in wider range of activities.

The focus over the next 12 months will be to maintain the school's strengths in coaches and sport events and to take elements from the Sainsbury's scheme and the Childhood Obesity Plan about getting children active and ensuring sports are inclusive and engaging. Guidelines from the Government's expectation of how Sport Premium should be spent form the subsections below.

Childhood Obesity Plan focus points:

1. *Today nearly a third of children aged 2 to 15 are overweight or obese.*
2. *Every primary school child should get at least 60 minutes of moderate to vigorous physical activity a day. At least 30 minutes should be delivered in school every day through active break times, PE, extra-curricular clubs, active lessons, or other sport and physical activity events, with the remaining 30 minutes supported by parents and carers outside of school time.*
3. *This will set out how schools can work with the school nurses, health centres, healthy weight teams in local authorities and other resources, to help children develop a healthier lifestyle.*
4. *Sainsbury's School Games Mark contains various points about engaging the inactive population amongst the children and increasing elements engaging SEN children.*

For the academic year 2025/26 our Sport Premium Grant Allocation is approximately £18,509

NATIONAL CURRICULUM GUIDELINES FOR KS1:

- Children should master fundamental movement skills and be increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.
- Children should master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Children should have the opportunity to participate in team games, developing simple tactics for attacking and defending / perform dances using simple movement patterns.

NATIONAL CURRICULUM GUIDELINES FOR KS2:

- Continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.
- Pupils should be taught to: use running, jumping, throwing and catching in isolation and in combination, play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending, develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics], perform dances using a range of movement patterns, take part in outdoor and adventurous activity challenges both individually and within a team, compare their performances with previous ones and demonstrate improvement to achieve their personal best.

WINDY NOOK PRIMARY SCHOOL SPORTS ACTION PLAN 2025-2026

Objective	Method	Impact	Sustainability
ENGAGEMENT OF ALL PUPILS IN REGULAR PHYSICAL ACTIVITY			
Promote active lifestyle with P.E. lesson to be pure cardio based every half term.	School will commit to active cardio activities in a circuit style format to increase stamina in addition to the regular 5/10 minute weekly warm ups at the start of every P.E. lesson.	The aim is to ensure that children finish the week in an active way having fun and take that mentality home.	Promoting an active and healthy lifestyle. Improve fitness through raised heart rates and

Continue the Daily Mile initiative. <i>- All school teaching staff.</i>	Children across the school to continue daily mile. Staff to participate/marshal. Individual pupils chosen as race leaders. KS2 children should aim to do the mile 2 times a week. Children to follow progressive running plan tailored to their ability to ensure progression of stamina. 1.30 walking followed by 1 min of running and so on.	For 30/40 minutes get their pulses raised and have some fun. Increase stamina and general fitness of all children. Give children a personal challenge to try and beat. Potential Fun Run linked to London marathon to be ran. Encourage a love of regular exercise and personal challenge.	activity with all abilities and ages. Prepare children for external events such as cross country and fun run. Improve fitness and love of regular exercise post covid 19. Involve parents in their children's fitness and encourage them to maintain regular exercise at home.
Equipment (nets, poles, crash mats, playground). <i>- P.E. Coordinator to order with General Office team. Staff to use.</i>	Audit and organisation of PE cupboard and shed completed in Summer term. PE equipment needed- new football nets, nets for basketball hoops, general PE equipment and playground equipment- playground buddies scheme starting in September to monitor this across the year.	Ensure children have the equipment to engage in sports. Ensure coaches have the equipment to teach with. Support the Government aim to have additional activity time during the school day for all primary school children. (30 minutes a day). Children can have safe and varied PE lessons.	Improved playtime behaviour, allow children to develop skills during other times of the day and play together. Improved quality of clubs. Improved quality of PE lessons and planning with up to date resources.

PROFILE OF PE AND SPORT IS RAISED, AS A TOOL FOR WHOLE SCHOOL IMPROVEMENT.

School Sport Council Playground Buddies Sports Leaders	School Sports Council to run in Y6 next year. Sports council to be involved with events from early on including with winter runderland challenge running circuit classes. Surveys to be completed in September to address activity levels and preferences for clubs. Same survey to be completed at the end of the year to compare. Playground buddies and sports leader's initiative to be ran by sports coach as it has been in previous year.	Involve pupils with decision making. Fitness Champions to support playtimes, SEND sports and in P.E. lessons. Raise accountability for decisions. Children have higher sense of responsibility and learn leadership skills. More structured playtimes lead by playground buddies to ensure active play with improved behaviour.	Legacy of pupil engagement. Change and adapt directly to pupils' wants and needs. Survey the impact regularly and take feedback on coaches and successes. Children can assist with PE lessons and break times to help other children with organised play.
Increased frequency of PE website entries <i>All staff</i>	Teachers to upload PE entry each half term that discusses the skills the children have been taught. Teachers to upload PE entry each half term that discusses the skills the children have been taught. Website posts to be tagged under the correct headings PE/ school teams / sport celebrate being active. Link Sports teams and events posts to specific school games values .	Shares the variety of skills being taught. Involves parents and the community about the need for daily exercise. Progress of learning clear and evident throughout school.	Raise awareness and accountability. Assessment of children and learning outcome more clear,

PE Vocabulary <i>PE coordinator</i>	Vocabulary has been developed and is added to the MTPs for each unit of work. Work with Danielle to ensure tier 2 vocabulary is correct on MTP.	Ensure staff and children are using the correct vocabulary appropriate to the age range.	Progressive throughout the school to show how children's awareness of terms and language develops alongside their learning in PE. Better quality of PE lessons.
Swimming for Y3/4	Swimming lessons to be booked for year 4 including any necessary catch up as last year's was missed. Potential for staff to receive swimming teaching training.	More children in UKS2 leave school being able to swim the regulation distance.	Children learn and advance their swimming skills. Children are more confident in water safety.
Bought in to the GSSP Health and Wellbeing SLA	Wellbeing winners CPD/ Conferences Wellbeing workshops in school Events/sports day support	Celebrate staff and pupils' achievements and contributions to wellbeing. Children are educated on good practice in health and wellbeing Children can attend GSSP sporting events including access to cluster groups and sports day assistance.	Boost staff and pupil morale. Staff take ideas from workshops to pass on in future years. Sports day is memorable for children and creates a sense of whole school competition with house point teams.
New sports kit	Audit any sports kit including football strips and staff kit.	Children will feel part of a team and the wider school community.	Clear uniform and sense of pride for sports teams.
BROADER EXPERIENCE OF A RANGE OF SPORTS AND ACTIVITIES.			
Sports Coach	Sports apprentice will continue to be employed throughout next academic year.	Help children achieve their 60 active minutes per day.	Allow school staff to work alongside a professional coach

75% sports premium funding to pay wage After School Clubs Specialist intervention Coaching of school teams Assistance with PE lessons	Sports clubs to be ran every lunchtime and everyday after school for a range of year groups and a range of sports. Some morning clubs to prepare for competitions. Friendly matches arranged with other schools to maintain good relationships.	Children will have the opportunity to take part in a wide range of sporting activities Children with low activity levels and SEND needs will be supported through interventions. Targeted support identified by the PE tracker. Improve confidence and resilience through sport	for a long period of time to up their own skills throughout the year. Provide superb CPD. Staff will feel supported with areas of PE curriculum that they are less confident in. Staff can support coaches to work with specific children who might require support or further development. The coach can identify G&T children. Inspire a love of sport within children or the opportunity to try something new. Increased confidence and resilience in children will directly have a positive effect on mental health and wellbeing.
Orienteering sessions with B outdoors to be organised on annual basis.	B outdoors orienteering in the nature park in the summer term.	Chn are exposed to a wide variety of activities within PE and coverage of all areas of activity across the curriculum is ensured.	PE curriculum covers all areas of activity including outdoor and adventurous activities.

Increased emphasis on cross-curricular PE activities	Discuss with staff opportunities to develop PE skills and general fitness throughout other aspects of the curriculum.	To allow children to see PE as something they can do in a range of settings and subjects. Broaden the skills children are taught. Children are more active; therefore, increase their level of concentration. Cross-curricular projects are often linked to Paralympic sport	Physical activity becomes routine, is not just part of the PE and playtimes. By having it during lesson time, all children engaged including less active. Children have a wider understanding of the impact and importance of sport including disability sport
Links with local clubs/organisations maintained.	Taster sessions and coaching for KS1 with Felling cricket club to be maintained. KS1 Taster sessions for Judo	Children engage with a variety of different sports. Promote love of sport within school and community.	Potential for children to engage more with clubs outside of school and develop within that sport.
Contribution towards residential trip for Year 6	£50 per pupil given to ensure children are able to take part in a range of outdoor and adventurous activities while on residential.	Children are exposed to a broader range of activities.	Children may engage outside of school in activities experienced on residential. Promotes team work skills.
<i>INCREASE PARTICIPATION IN COMPETITIVE SPORT</i>			
Review participation within the after-school clubs	Monitor the numbers of children attending the after-school clubs. Questionnaire to what type of sports children would be engaged with after school.	Increase mixed boy and girl engagement across after school clubs especially in KS2. Provide long term skill development for children.	Support children in moving into clubs and open up popular clubs to more people. Provide sustainable clubs over the year to see progression,

- <i>P.E. Coordinator and office staff to coordinate.</i>	Sports clubs to be ran every lunchtime and everyday after school for a range of year groups and a range of sports. Breakfast club activities offered for targeted groups and also for specific school sports coaching	Improve our club offer by linking them to outside coaches and teams.	skill development and engage the children. School Games Gold award achieved last year. Should also be awarded gold this year.
Intra / Inter School Sport GSSP SLA membership that includes events, cluster meetings, CPD, sports day etc. Cost of transportation Top Sportability Festivals/Competitions	Continue to attend a range of inter-school activities including more cluster events. G&T children to do additional sessions with sports coach in lead up to events. Continue with whole school virtual events such as winter runderland. Drive this year to raise Intra-School events including between classes in year groups with an event every term when a period of coaching culminates. Supported by sports coach. We will aim to attend more than 1 Sportability event this year with a KS2 team. Including taking children in targeted in	Maintain the engagement externally for all events with additional focus given to coaching key teams in school time. Give children the opportunity to compete against other skills and work as a team. Ensure there are equal opportunities across school sports.	Use of the website; promote our intra school events online. Improved team work skills and resilience within children through competitive sport. Improved behaviour through selection of teams being based on attitude. Encourage children with all skills into different roles within sport and P.E. Equality of Opportunities

INCREASE CONFIDENCE, KNOWLEDGE AND SKILLS OF ALL STAFF

Staff training GSSP/ Complete PE	GSSP training to be accessed as part of our SLA. Questionnaires to be distributed to staff to outline any further areas where they feel they feel less confident and seek training/support for this.	Raise awareness of skills. Engage staff in working alongside the coaches.	Expose staff to greater range of skills. Staff identify G&T children throughout lesson.
PE specific CPD to be attended by PE co-ordinator. Additional training for sports coach and new PE lead with current lead being on maternity.	CPD with example focuses of assessment, curriculum, inclusion etc to be attended by PE coordinator Networking meetings attended to ensure knowledge of events is up to date and good practice shared.	Further develop PE curriculum within school and ensure it is progressive and inclusive.	Planning and assessment to be adapted to reflect any CPD and this is fed back to all staff.
Complete PE scheme	Scheme bought into for another year.	Complete PE scheme is progressive and easy for staff to follow with videos available.	Increased staff confidence in teaching PE will result in improved lessons.